

Local Information

Hospital – A&E
St Marys
Parkhurst Road
Newport
PO30 5TG

Nearest Supermarket / Store
Aldi
Airfield Way
Cowes
PO31 8BF

PUBS – local

The Travellers Joy 85 Pallance Rd, Cowes PO31 8LS – known for Pie Nights!

The Woodvale Esplanade, Cowes PO31 8LE – Traditional pub serving food whilst overlooking the Solent

The Sportsman's Rest Main Rd, Porchfield, Newport PO30 4LP – under new management – let us know what it's like!

The Lifeboat Britannia Way East, Cowes PO32 6UB – River Views and great food, book early

The Blacksmiths Arms, Calbourne Rd, Newport – they serve very good food all day, even on a Sunday (lovely Sunday lunch and local fish/lobster). Worth booking at busy times like Sunday lunchtime - 01983 529263

The Bargemans Rest, by the quay arts centre, Newport. Jazz bands galore and usual pub grub served in outrageously large portions.

Local places to eat – dinner

COWES

Smoking Lobster 127 High St, Cowes PO31 7AY - [01983 240916](tel:01983240916) – modern seafood cuisine – really good, quite pricey

North House 30, 32 Sun Hill, Cowes PO31 7TR [01983 209453](tel:01983209453) latest offering from Isle of Wight Michelin starred chef Robert Thompson We haven't been yet but it will be amazing!

The Coast 14-15 Shooters Hill, Cowes, Isle of Wight, PO31 7BG [01983 298574](tel:01983298574) – relaxed dining, great food any time of day

Gastronomy 46-47, High St, Cowes PO31 7RR [01983 200666](tel:01983200666) – buzzy place, very good for sharing plates / small plates / cocktails

Bahar Tandoni 44 High St, Cowes PO31 7RR [01983 200378](tel:01983200378) – Indian restaurant that serves the expected dishes but also a lot more interesting ones

For summer Northwood House offers tea and cakes on the lawn – details

<https://www.facebook.com/northwoodhousecowes/>

NEWPORT

Burrs - 27-28 Lugley St, Newport PO30 5HD 01983 825470

Classic fine dining

Saint Pizza Pyle St, Newport PO30 1SG [01983 525833](tel:01983525833) – woodfired pizza

Other nearby restaurants and pubs we like

Valentinos 93 Carisbrooke High St, Carisbrooke, Newport PO30 1NT [01983 522458](tel:01983522458)

Proper old school Italian restaurant with all the classics – fab

The Taverners High St, Godshill, Ventnor PO38 3HZ - [01983 840707](tel:01983840707) - Quaint pub serving local produce with a menu dependent on what has been caught, foraged or hunted.

Attractions

To be honest there is SO much on the Isle of Wight ... from theme parks to Llamas ... Photography museum to a Poo museum (yes really) so we advise an online search and seeing what appeals to you.

Walks

Parkhurst Forest (turn right from our entrance and first left (mind the road) Hours of trails (use your phone navigation to find your way back!

#what3words gearing.golden.baguette

National Trust suggestions <https://www.nationaltrust.org.uk/lists/walking-on-the-isle-of-wight?>

Visit Isle of Wight suggestions <https://www.visitisleofwight.co.uk/things-to-do/walking>

Beaches

Nearest – Gurnard

Surf – Compton

Family fun – Colwell, Ventnor, Sandown, Shanklin, St Helens Duver, Seaview

Rockpools - Bembridge

OTHER VARIOUS FAVES OF OURS

NEW! – Harvey Browns Hale Manor Farm, Hale common, Arreton, PO30 3AR 01983 527530

Superior Farm shop / local produce – also a brilliant café – top brunch spot

FAQ

Where to hire bikes – all the local hire companies are good and most deliver so do a search

Food deliveries – some local places are on Deliveroo and other apps